

Bus from Rome Fiumicino to Perugia

Departure from Rome's Airport Fiumicino Terminal 3

After you have picked up your luggage you walk through the customs exit and enter the arrival hall of Terminal 3 (T3). There you will see a lot of signs: Train station, Taxi, Car Rental and BUS station. Turn right and walk all the way down till the end of the hall (approx. 200 mtr). There are clear signs in the arrival hall showing the way to the busses.

When you are out in the open you go to the right to the bus-parking space.

As you can see on the illustration next page, there are a lot of busstands, numbered 1 to 26. Busses waiting there have to pay pr minute to park there.

Your bus is from the company SULGA (the only among all the other busses). They don't like to pay for the parking meter! So they prefer to arrive only a few minutes before scheduled departure and will probably stop in parking spot number one or two. So wait there until the Sulga bus arrives. The name SULGA is clearly written on the sides of the bus. If in doubt, you might ask the other waiting passengers or other bus drivers: *"Il pulman per Perugia (SULGA) - dove?"* which means: where is the SULGA bus to Perugia?

It does not matter so much which end destination is written on the bus or airport electronic boards (Roma, Perugia or Ravenna). What matters is departure time and SULGA.

All SULGA busses drive to Roma Tiburtina station, where you might be asked and guided to change bus.

IMPORTANT:

To the driver of the SULGA-bus you should say (or show him this note):

Scendo a Ponte San Giovanni - Benzinaio Q8

which means: "I want to get off at Ponte San Giovanni - the Q8 gasstation".

This is a gasstation on the highway before the bus goes into the town of Perugia. It is important you say this.

The bus drives through Rome (45 min) and takes a break (30 min) at Tiburtina Station. As mentioned before, you might be asked to change to another SULGA bus right next to yours. Not always.

Please note there's no toilet on the bus. You'll have time in Tiburtina to go to the toilet. The bus has WiFi.

Please send a text message to 00 39 33 34 74 55 21 when you leave Tiburtina, so we can be sure you'll arrive at scheduled arrival time (approx. two hours after leaving Tiburtina). We will wait for you at the gasstation and bring you to our center, a 45 minutes trip.

When you notice that the driver who brought you from the airport to Tiburtina has been replaced by another one, it might be wise to express to the new driver your wish about getting off at the Q8 station in Perugia.

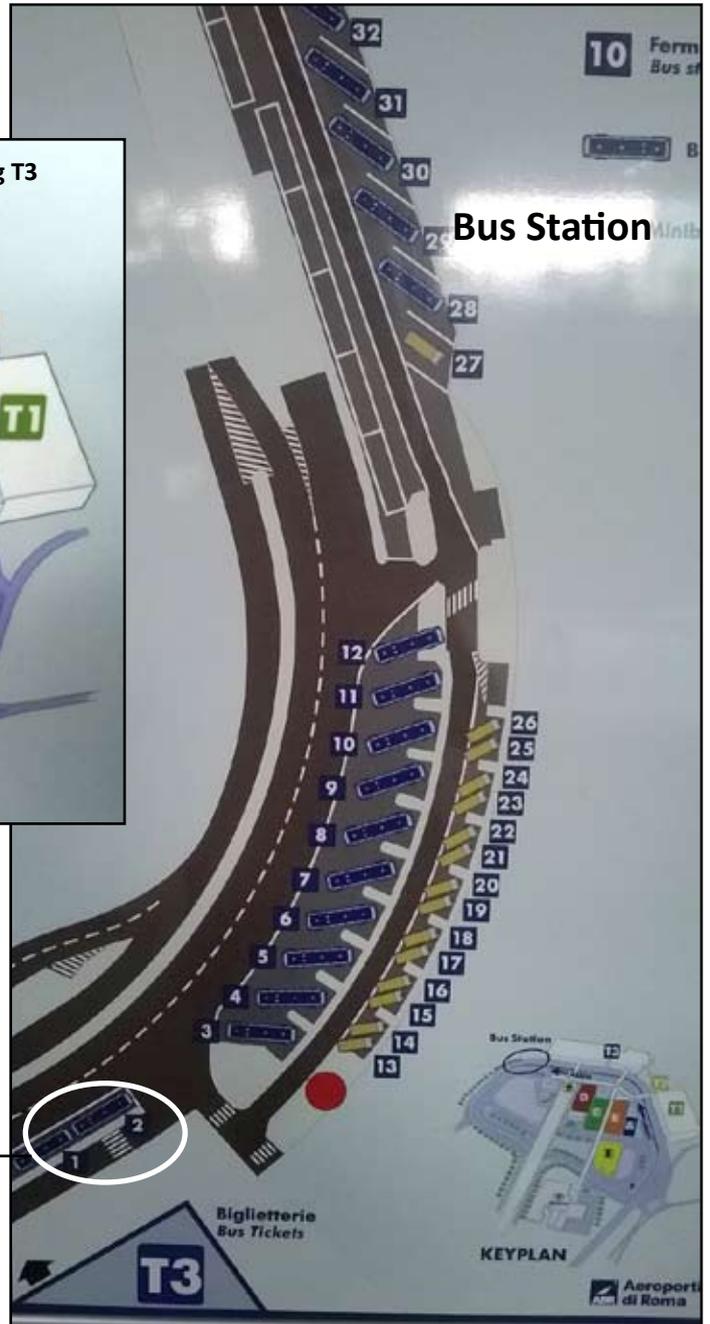
The price for the bus ticket is 22 €. You buy it on the bus and have to pay cash. If you are sure you'll take the bus back again we recommend you to buy a return ticket (36€) and save some money.

So you will say: **"Perugia - andata e ritorno, per favore"**.

We wish you a pleasant journey...

If you need to contact us urgently for support, please call us on our landline.

Overview of Rome Fiumicino Airport



Sulga bus to Perugia/Assisi

SULGA Bus Rome Fiumicino/Perugia

Monday till saturday:

- Departure 09:00 - arrival in Assisi 13:15
- Departure 12:30 - arrival at Perugia Q8 Station 16:00
- Departure 14:30 - arrival at Perugia Q8 Station 18:00
- Departure 17:00 - arrival at Perugia Q8 Station 20:35

Sunday:

- Departure 12:30 - arrival at Perugia Q8 Station 16:05
- Departure 16:30 - arrival at Perugia Q8 Station 20:05

SULGA Bus Perugia/Rom Fiumicino

Monday till saturday:

- Departure from Perugia Q8 Station 06:30 - Arrival at Rome Fiumicino 10:10
- Departure from Perugia Q8 Station 08:00 - Arrival at Rome Fiumicino 11:10
- Departure from Perugia Q8 Station 09:00 - Arrival at Rome Fiumicino 12:10
- Departure from Assisi 13:45 - Arrival at Rome Fiumicino 18:00

Sunday:

- Departure from Perugia Q8 Station 07:30 - Arrival at Rome Fiumicino 10:40
- Departure from Perugia Q8 Station 08:30 - Arrival at Rome Fiumicino 11:40

Silent Retreat Center by car

GPS: N 43° 05' 883" E 12° 41' 352" or N 43° 05' 52.7" E 12° 41' 18.4"

Google Maps: Search for "Silent Retreat Center Assisi"

From the valley (coming from Perugia, Foligno or Assisi trainstation) take the road (there's only one) that climbs up to Assisi.

Follow direction **Gualdo Tadino**.

Pass by the parking lot "Matteotti" and leave the city through the city gate "Porta Perlici".

Set your car's odometer to kilometer zero.

Note that your cell phone's GPS will not have coverage beyond this point, only a traditional car GPS can be used.



Km 0,0: Take the road direction Gualdo Tadino

Km 0,6: do not turn right to Costa di Trex, drive straight forward

Km 4,0: at Ponte Grande pass by restaurant Giovannino on your left side

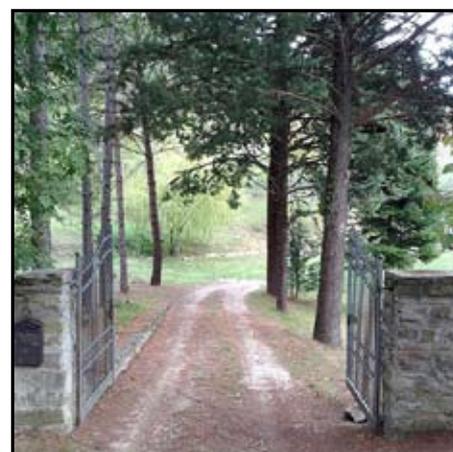
Km 5,2: housing complex with big sign "Carpe Diem" on your left. The road takes a sharp curve to the right, you see garbage containers on your right and then the main road swings to the left.

! There you take the gravel road (looks more like a private road to the houses on the right). *See inserted photo*

Then the gravel road climbs up approx. 2 kilometer and at

Km 7,5: a sharp left curve - then the road goes down again.

Km 8,2: Welcome!



By Taxi:

If you for some reason need to take a taxi to our place you'll have to guide the driver as our house does not have a specific address. Ask the driver to go to the well known "Carpe Diem" houses (the red ! on the map) some 300 meters after the restaurant "Giovannino" at Ponte Grande on the road to Gualdo Tadino. Do not mention "Silent Retreat Center" as there are different retreat centers around Assisi.

Train from Rome's airports Fiumicino or Ciampino to Assisi

From Roma Fiumicino Airport to Roma Termini

(= Rome's main trainstation) by TRAIN:

When you exit the customs and enter the arrival hall follow the train signs (a ten minutes walk).

First you take the "Leonardo Da Vinci" train to Roma Termini which departs every 15 minutes. The journey takes 35 minutes. The ticket costs 14 € and can be bought in a self service ticketing and paid with credit card.

From Roma Ciampino Airport to Roma Termini

(= Rome's main trainstation) by BUS:

Ciampino is a very small airport. Busses depart right in front of the airport and bring you straight to Roma Termini. The journey takes 50 minutes. The ticket costs 6 € and needs to be paid **cash**.

From Roma Termini to Assisi by TRAIN:

Depending on your departure time, your train goes

- directly to Assisi (usually departure time at 07:58, 14:28 and 17:58)
- via Foligno (those trains does not pass Assisi but continue to ANCONA) where you need to change train to Assisi. Foligno has only 6 platforms, easy to find your way there.

Please note: Every train trip has a specific number shown on the board.

So it is not important to look at the end station - but rather to find the right number.

The ticket costs 10 or 20€ (it depends if it's a Regional or Intercity train) and can be bought in a self service ticketing and paid with credit card.

Roma Termini is a fine place to wait - we suggest the first floor's cafe/restaurant in the big hall.

Please note: If the train to Assisi/Foligno leaves from *platform 1 or 2 EST* - you'll have to walk to the end of platform 1 which takes approx. 500 meter / 10-12 minutes.

| | | | | | | | | | | | |
|--------------|---|--------|-------|---|-------|-------|-------|-------------------------|----------------|------|---------|
| Roma Termini | → | Assisi | 07:58 | → | 10:07 | 07:58 | 08:11 | Regionale Velocità 2420 | TERMINI ASSISI | | |
| Roma Termini | → | Assisi | 09:28 | → | 12:02 | 09:28 | 09:41 | Regionale Velocità 2322 | | from | 10.95 € |
| Roma Termini | → | Assisi | 12:03 | → | 14:34 | 12:03 | 12:16 | Regionale Velocità 2402 | | from | 10.95 € |
| Roma Termini | → | Assisi | 14:28 | → | 16:26 | 14:28 | 14:41 | Regionale Velocità 2494 | | from | 10.95 € |
| Roma Termini | → | Assisi | 15:35 | → | 17:50 | 15:35 | 15:48 | Intercity 948 | | | |
| Roma Termini | → | Assisi | 15:58 | → | 18:13 | 15:58 | 16:11 | Regionale Velocità 2326 | | from | 10.95 € |
| Roma Termini | → | Assisi | 16:58 | → | 19:16 | 16:58 | 17:11 | Regionale Velocità 2426 | | from | 10.95 € |
| Roma Termini | → | Assisi | 17:30 | → | 19:16 | 17:30 | 17:43 | Intercity 882 | | from | 23.80 € |
| Roma Termini | → | Assisi | 17:58 | → | 20:09 | 17:58 | 18:11 | Regionale Velocità 2436 | | from | 10.95 € |

We suggest you go online at home (www.trenitalia.it, they have an english website) to see which trains are going to Assisi on your travel day. Remember to note the train's number (green area in the picture above) and if a shift in Foligno is needed (orange area in the picture above). Then it is easier when you have to choose your specific journey at the self service ticketing.



Please note: Tickets bought in a self service ticketing are valid for 2 months, so it is important to devalidate it in one of the validation machines on the platform before entering the train. It is not possible to do so on the train.